



IPSWICH
HIGH
SCHOOL
WOOLVERSTONE HALL
ESTD 1878

The SNAPSHOT

The Ipswich High School Newsletter | Friday 1st December 2023

BRITISH SHOOTING SCHOOLS COMPETITION

Our second year running the British Shooting Schools Competition did not disappoint

Over 60 entries from the region with some pupils travelling from as far away as Staffordshire, Kent, and Bedfordshire. The Sports Hall was transformed into a Pistol Shooting Range supported by members from British Shooting, Felixstowe, and Norwich Rifle Clubs and a few Pony Club representatives as well. 27 pupils from Year 6 through to Year 12 all took part throughout the day.

In the Juniors, Years 6, 7, and 8, we had 15 pupils competing. The standard of shooting was very high from all, with Jemma, Martha, and Annabel qualifying into the Regional Final. The 3 form a Team and qualify for the National Finals in February next year. Other Juniors included, Emilia, Willow, George, Lara, Rebecca, Molly, Stanley, Freddie, Charlotte, Amelie, Olivia, and Joseph

The Intermediates Year 9 and 10 saw seven Ipswich High School pupils qualify into the Regional Final, with Georgina and Alexis qualifying for the National Final and with Annie, also qualifying a school team. Alanna, Gabriel, Max and Emily and Wilf completed the IHS Intermediates.

Well done to all those who took part and good luck to those competing next year at the National Finals.



A big thank you to Mrs Steel for coaching, organising and running the event and to all the parent helpers that came to help with the smooth organisation on the day.



Prep School News

Year 1 Maths

Year 1 have been enjoying their maths sessions. There was lots of challenge and some impressive, independent problem solving. Well done everyone!



2D Shapes for Year 2

Year 2 have been busy looking at 2D shapes this week. They have been learning the names of lots of shapes and today, they took part in a challenge to create shapes using straws and counted the sides.



The season of hibernation is upon us

This week in STEM Build it, we got creative outside and made dens for the UK animals that hibernate. Using only natural materials, we wowed Mrs Hawkins with our perseverance and team work!



Year 6 exploring Great War Huts

Year 6 had a great time learning about WW1 at Great War Huts! Mrs Gwynne was particularly impressed with how much learning 6G could remember from their history lessons!



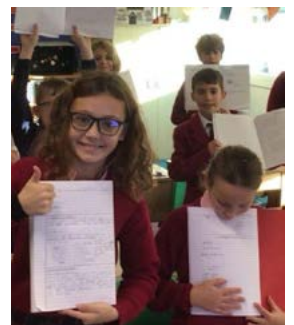
Salt Dough Christmas Decorations

Mrs Carrington has been busy this week making a salt dough Christmas decorations with the children.



Year 5 Poetry

Year 5 enjoyed a poetry workshop, by the poet Joshua Seigal. They wrote poems on their favourite food or fruit, using many poetic features.



Senior School News

England Basketball Aspire Pathway for talented U13s for 2024 is now in progress

Amelia in Year 8 was selected after the first round of camps in October. Here is Amelia at the recent camp at University of Essex at the weekend where she continues to impress and has had great feedback from the coaches. It is always lovely for the PE Department to hear about pupils commitments and achievements outside of school. We know so many of our pupils dedicate many hours to their chosen sports and activities. If you would like to send us information and a photo of your child in action, we would love to hear from you.



Qualified National Pool Lifeguards

The school have nine qualified National Pool Lifeguards who undertook the week long course during the summer holiday to gain their qualification. Not only did they have to complete 36 hours of ongoing assessments during the course but they were also assessed by an RLSS TA on CPR, First Aid, and rescue skills to gain their qualification. The lifeguards are now able to use this qualification to lifeguard for school events but also this is a nationally recognised qualification which enables them to gain employment outside of school. These lifeguards also attend two hours of training monthly to ensure their skills remain up to date. Well done to all!

Year 13: Matilda, Freya, and Stephanie.

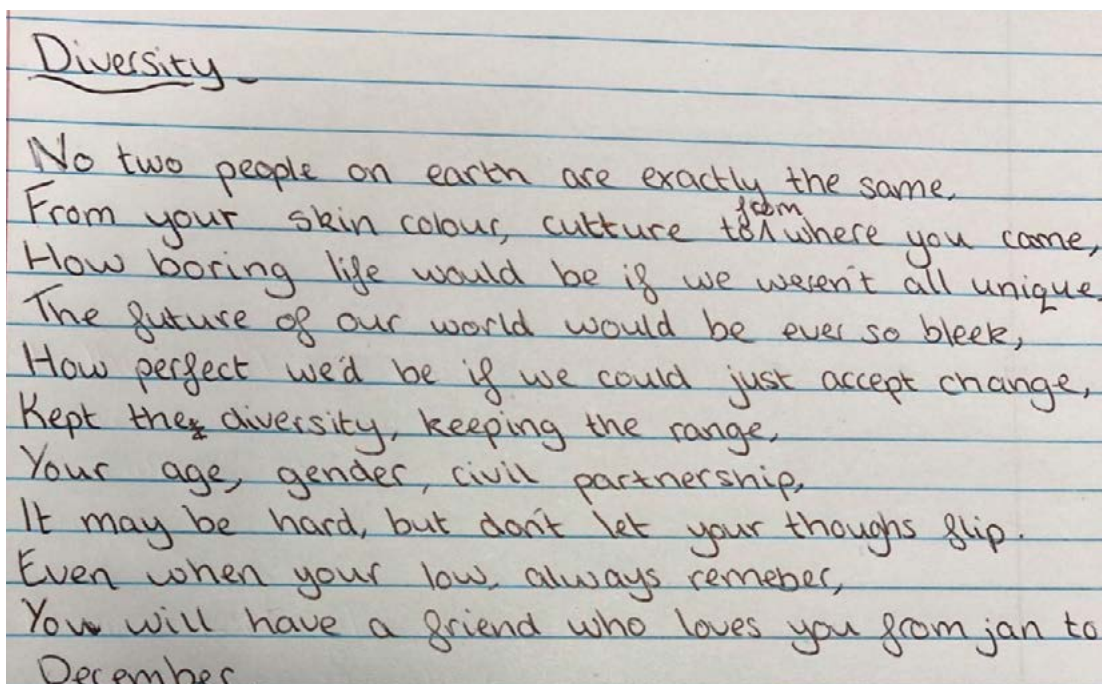
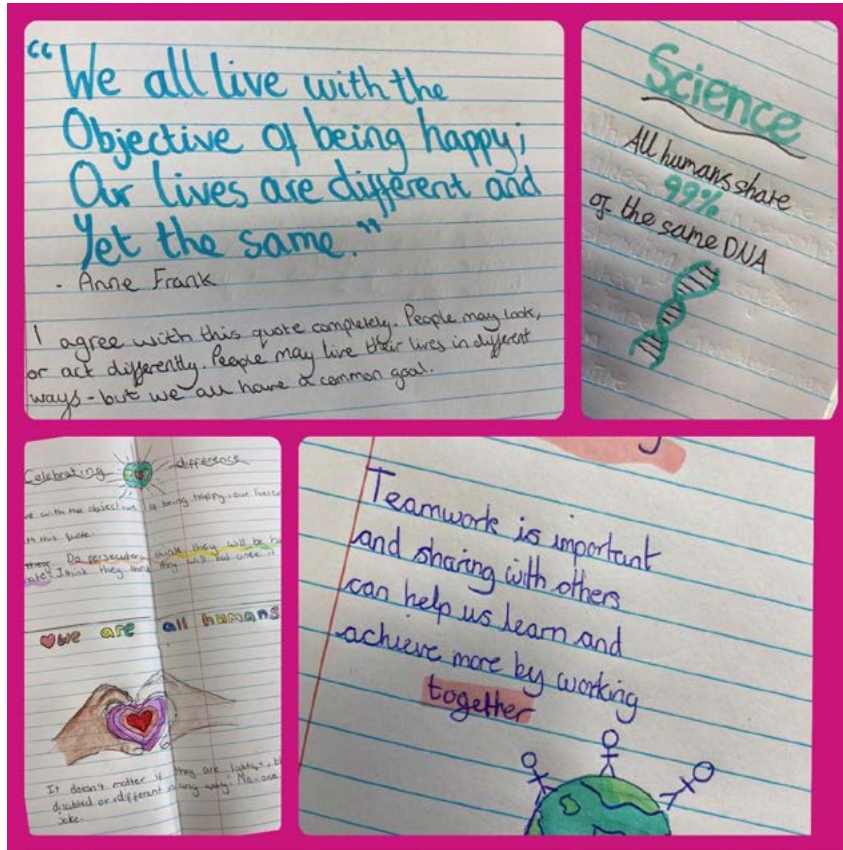
Year 12: Tilly, Honey, Amelie, Harry, Lexi, and Lucia.



Senior School News

Diversity in Year 8 PSHE

Year 8 have been learning about the hate and negative propaganda inflicted by the Nazis. They then produced their own 'Positive Propaganda' posters and poems.



Senior School News

Suffolk Netball Under 11's Training Sessions



**Sessions are Saturday mornings
at the following locations:-**

Finborough School

(11th Nov 10:00 am - 12:00pm)

Leiston Waterloo Centre

(18th Nov 10:00 am - 12:00pm)

Sudbury Ormiston Academy

(25th Nov 09:30am - 11:30am)

Orwell Park School

(16th Dec 11:00am - 13:00pm)



To book, simply scan the code
or email
suffolknetballu11@gmail.com
You can book as many
sessions as you like!



Suffolk Netball

Any questions please email h.harrison@ipswichhighschool.co.uk



Snapshot

Sixth Form News



IHS StudyTalks

Insightful, Helpful, Supportive

This StudyTalk will be...
Thursday 7th December Enrichment 2
in the Lounge

Art Course Work

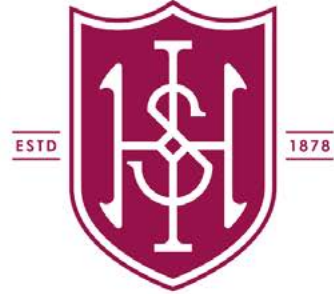
Zara will be presenting a session with helpful tips and advice, regarding what examiners look for in art course work, and how to manage your time. Therefore, this session will be targeted towards GCSE Students, but all are welcome.



Where Sixth Form Students share successful studying strategies...



Whole School News



Ipswich High School Sport

Team of the Week

Week Beginning 20th November 2023

1. J Glading (U12 Football)
2. S Johnson (U11 Rugby)
3. B Peak (U11 Rugby)
4. A Woolgar (U13 Hockey)
5. T Darton (U15 Netball)
6. A Leslie (U15 Netball)
7. F Ward (U11 Hockey)
8. C Darby (U12 Hockey)
9. G Matthews (U12 Rugby)
10. F Siddell (U11 Hockey)
11. E Thompson (U11 Hockey)
12. A Gwynne (U12 Hockey)
13. S Richardson (U9 Football)
14. C Lovell (U14 Swimming)
15. S Knight (U14 Swimming)
16. L Steel (U14 Swimming)
17. N Etherington (U14 Swimming)
18. L Palmer (U14 Swimming)
19. L Spaul (U15 Rugby 7s)
20. M E - Elahi (U13 Rugby)
21. I Coone (Pistol Shooting)
22. M Ward (Pistol Shooting)
23. A Russell (Pistol Shooting)
24. G Steel (Pistol Shooting)
25. A Ferguson (U9 Netball)
26. C English (1st XI Hockey)



Whole School News

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit nationalcollege.com for further guides, hints and tips for adults.

What Schools Need to Know about THE ONLINE SAFETY ACT

The Online Safety Act was passed into UK law in October 2023, with the aim of establishing major new layers of protection for children when they're online. The government has pledged "a zero-tolerance approach to protecting children from online harm" – and the act certainly includes more powerful legislation which should help to safeguard young people in the digital world. Our guide summarises the key points for schools ...

WHAT THE ACT WILL DO

HARMFUL CONTENT

Social media sites must rapidly remove illegal and/or harmful content such as bullying or harassing comments; pornography; and content that supports extremist activity or encourages or depicts violence, suicide, self-harm or eating disorders. If they fail to do so, they can be fined up to 10% of their global revenue while their executives may even face jail time.

NON-CONSENSUAL SHARING

It's now easier to convict online abusers or people who share intimate images without consent, while legislation on the criminality of deepfakes has been clarified. The new laws also relate to any individuals who even threaten to share such images. This should help to protect women and girls in particular online.

REPORTING AND FILTERING

Sites should have easy reporting mechanisms for children (or their parents and carers) to flag up problems quickly. They must also provide options to filter out unwanted content.

ANIMAL CRUELTY

Content featuring cruelty to animals is now prohibited, even if it originates from abroad (where the law may be different). Again, it is the platform's responsibility to remove this.

AGE-RESTRICTED MATERIAL

Sites must prevent children from accessing age-inappropriate material. This includes enforcing age limits and implementing robust age verification.

MORE TRANSPARENCY

Sites must be transparent about the hazards that any children using them could encounter – by publishing risk assessments for their platforms, for instance.

HOSTING MISLEADING ADVERTS

Scams and fraudulent adverts must be blocked or removed, or the hosting companies are liable to be fined.

What this means for you

The act has some specific implications for schools: it's essential that leaders understand the new legislation's scope and limitations. The act is certainly a positive step, but as artificial intelligence and other advances in tech continue to produce new challenges, schools will still need to remain extremely vigilant.

KNOW WHERE TO GET HELP

Look out for the Code of Conduct that Ofcom is creating in response to the Online Safety Act. Note that the new legislation doesn't mean an instant change: many of its elements will only come into force at the end of 2023. An Ofcom consultation on 'protecting people from illegal harms online' will be running until February 2024.

REMEMBER THE ESSENTIALS

Remain mindful of your organisation's own online activities: the legal duty for schools to maintain appropriate software monitoring and filtering, for example, will not change.

WATCH FOR FUTURE DEVELOPMENTS

There are some issues on which the legislation remains less clear for now: whether it's possible for Ofcom to scan encrypted private messages (such as on WhatsApp) has yet to be resolved, for instance – making this an area where, for the moment, young people have less legal protection.

UNDERSTAND AND EXPLAIN

Staff should learn how to raise concerns with tech companies whose platforms contain anything upsetting or unpleasant. Students also need to be made aware of the newly strengthened laws relating to cyber-bullying, sexting or posting inappropriate content. Young people do make mistakes online – so the clearer their understanding of the possible consequences, the better.

ENGAGE WITH PARENTS

Schools should also explain to parents and carers the new possibilities that the Online Safety Act affords them in terms of protecting their children. Many parents may have previously felt that there was little they could do about changing online platforms' content; they now have a far greater level of support when complaining about a company or the behaviour of an individual.

Meet Our Expert

Luke Rowden is Senior Deputy Headmaster and Director of Safeguarding for the St Benedict's family of schools. He is a regular speaker at conferences and writes in the TES (among other journals) on school leadership, pastoral care and safeguarding. In 2022 he was named Pastoral Leader of the Year at the National Awards for Pastoral Care in Education.





National Online Safety

#WakeUpWednesday



 @natonlinesafety
 /NationalOnlineSafety
 @nationalonlinesafety
 @national_online_safety

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IHSA News

IHSA Christmas Fayre

Friday 8th December:
12:30PM - 3:30pm
IHS Sports Hall



CRAFT STALLS, POP UP FESTIVE CAFE WITH CHRISTMAS TREATS, FACE PAINTING, SWEET TOMBOLA, CHRISTMAS GIFT EMPORIUM, SANTA'S GROTTO, GAMES AND LUCKY DIP, HOUSE CHARITY STALLS & HOUSE HAMPERS

THANKS FOR ALL YOUR SUPPORT!

ALL THOSE non-uniform days
and cake sales and tombola
donations that you almost forgot
as you're leaving the door....
all those school events you've
attended.... have added up to
ALL THESE amazing things!

LIFE SAVING TRAINING AIDS
RUGBY SCRUM MACHINE
AUTHOR VISITS
DIGITAL PIANO
FOOTBALL TARGET GOALS

PETANQUE COURT

GOBLIN CAR RACE KIT

SILENT DISCOS

STEM WORKSHOPS

PLAYGROUND EQUIPMENT

LACROSSE
GOAL AND
BALLS

IHSA
IPSWICH HIGH SCHOOL ASSOCIATION



Boarding News

Exciting Trip for Boarders

The Dairy House is an ever growing family and with such a setting comes more and more birthdays. We are always delighted to celebrate together, this time Mary celebrated with a delightful cake to share with the house.

Our weekend programme of activities and trips continues and we started our Christmas planning early with an exciting trip to Westfield Shopping in London. Matron always asks us to tidy our rooms and Mrs Taylor always asks us how can we fit more Jelly Cat cuddlies on our beds. Trust us, we can, and we do! We stopped at McDonalds on the way home for a takeaway treat.

Suffolk Food Hall was a more tranquil visit where we ventured out locally for some delicious cake and hot drinks on Sunday afternoon.



Advent Calendars For All

The theme of Christmas and treats continued with the arrival of our Advent Calendars. We are all looking forward to the morning ritual of counting down the days to the end of term and Christmas coming with a little chocolate in the mornings.



Careers & LRC News

Careers Events - Spring Term 2024

Careers Speaker Series.

The talks will continue to be held most weeks in the Spring term.

Year 10 Work Experience - Summer 2024.

A reminder to parents to use the Christmas period to discuss options with your child. See [Firefly](#) for the letter home and full details.

Year 12 Morrisby Profile - January 2024.

A letter has been sent home this week with details on [Firefly](#).

National Careers Week w/c 4th March.

We will celebrate Careers Week within lessons and around the whole school from Nursery to Year 13.

Careers for Y7 to 13.

We are planning Careers based assemblies, form time activities and workshops for senior and sixth form.

Christmas Book Fair

We started to get Christmasy with the Christmas Book Fair on Friday which was open to both the Prep and Senior school pupils. All Pupils from prep came to visit the fair and made some excellent choices.

Non-Fiction November

To help celebrate non-fiction November, every child in the Senior school and in Year 6 in the Prep School received a free copy of the "iNewspaper" on 30th November. The "i Newspaper" is the only newspaper nationally never to have backed any political party. We encourage our pupils to bring the newspaper home and read it to help encourage an interest in non-fiction literature as well as fiction, take an interest in topics currently in the news and the world around them.



Wellbeing Hub

Parenting Support You Can Trust

Parenting is one of the toughest jobs we ever do but it should also be one of the most fun and rewarding.

The Wellbeing Hub staff speak to parents and schools day in and day out, and know the challenges parents face, not least because, as parents themselves, they've been there and got most of the t-shirts.

Of course, the ride won't always be smooth, and with adolescence starting from eight and going on until 25 it's a long haul. However, with knowledge and support we can all enjoy the journey as we help our children become happy, healthy, world-ready adults.

All [parents](#) and pupils have FREE unlimited access to The Wellbeing Hub. Pupils are signed up automatically and have been sent an email to complete their registration.

Watch this short introductory film to find out more <https://vimeo.com/740743218/602c406ef5> and, why not complete their parenting course this autumn?



In Need Of Support?

During school hours, please contact our Designated Safeguarding Lead: Ms Extance or, Deputy Designated Safeguarding Leads: Mrs Finch (Prep School), Mrs Offord (Senior School), Mrs Vickers (Sixth Form) - on 01473 780201.

Out of School hours support below:

YoungMinds: 24/7 - Text YM to 85258

Samaritans: 24/7 - 116123

Kooth: kooth.com

Sexual assault: NSPCC - 0800 136 663 / help@nspcc.org.uk

Sexual assault local contact: The Ferns - 0300 123 5058

Childline: Call 0800 1111 or 1-2-1 chat online

NHS Mental Health Support: 111, option 2

Online bullying: thinkuknow.co.uk



We have resources to aid parents to support their child's wellbeing, on [our Firefly page](#).