

# The **SNAPSHOT**

The Ipswich High School Newsletter | Friday 7th July 2023

## PREP SCHOOL PERFORM MATILDA

#### WRITTEN BY PAUL STONE - DIRECTOR OF DRAMA

While 'Matilda' is very much a story of a young person with great intelligence, and a short-lived supernatural ability, it is also about two very different approaches to education, and to our relationships with children. Miss Trunchbull's extremes of punishment, control and self-obsession, and the Wormwood family's thoughtless neglect, are put in stark opposition to Miss Honey's caring, pupil-focused, nurturing selflessness. The magic of Dahl's creations, which so often involve adults that are absolutely and absurdly horrifying, is that it is the children who see their weaknesses and are able to turn the tables on these monsters. Add to this the creative genius of Tim Minchin, and Dennis Kelly's creative stage adaptation, and you have a rather magical musical with a very clear message.

Audiences in the Hayworth Theatre last week were treated to an absolute riot of energy, creativity and talent as the entirety of Years 3-6 took to the stage with a spellbinding production of 'Matilda Jr'. There were outstanding individual performances from all of the named characters, with great maturity and stagecraft on display in their characterisations,

communication, comic-timing and sensitivity. And it was clear that every single cast member on stage had taken ownership of their roles as they performed with confidence, vitality and enthusiasm.

I would like to thank all of the Key Stage 2 staff, and the staff and pupil volunteers who supported the production, but the biggest thanks go to Mrs Jennings, Miss Silen and Miss Curtis for all the work that they put in to preparing the musical numbers in lessons and enrichment sessions. It was an absolute pleasure to work with them, and our fabulous pupils, to bring this outstanding performance to the stage. Audience feedback has been incredible, and I hope that the experience of taking a creative challenge to such a successful completion will remain with the pupils for many years to come. We are incredibly proud of everything that they have achieved.













# Snapshot Prep School News

#### Wattle Making

Year 5 enjoyed a fun afternoon making wattle and daub with Ms Rice, from the Senior DT Department. They used plenty of willow branches to weave in and out the wooden frames creating the wattle. For the daub; they mixed mud, straw and some horse hair to create a gluey mixture which they fixed onto the wattle. The children agreed that, Tudor builders would have had to work very hard to build their homes.



#### Swimmer of the Term

Faith, Year 5, Henrietta Year 6, Emelia Year 4



#### Year 6 Swimming Group



#### Prep School Swim Squad 2023



**Riding Enrichment** 



Evelyn, Saskia, Estelle Year 6 and Olivia, Year 5 all had their last Prep Riding enrichment this week.







# Snapshot Prep School News

#### **Karate Enrichment**

In our Karate enrichment sessions, on Monday July 3rd, we held gradings for those students who had reached the required level to be tested. This resulted in many students receiving their new grades. This grading also saw the final session of our first year providing Karate Enrichment sessions for Years 1-11. The sessions have a been a great success and it has been fantastic to see students of all ages getting involved and working hard to improve.

We would like to say a huge well done to all students that joined us this year, and to the parents for supporting them along the way.

We hope to see you all back in September and welcome any new faces who wish to join us.

#### Year 1 & 2 explore Felixstowe beach

We had a brilliant day at the beach today!! We built sandcastles, dug holes, painted rocks, made up games and played in a homemade rock pool! The children loved choosing and paying for their ice creams.

















# Snapshot Senior School News

#### Celebrating Musical Diversity: Inaugural Fête de la Musique

Ipswich High School proudly presented its first-ever Fête de la Musique, a vibrant celebration of music and culture, with an astounding turnout of over 100 attendees. The atmosphere at the event, held on 22nd June, was electric as talented musicians showcased their talents, captivating the audience with their soulful performances. From classical compositions to contemporary tunes, the event encompassed a diverse range of musical genres, catering to all tastes and preferences.

This inaugural event not only highlighted the remarkable talent within Ipswich High School but also underscored the importance of cultural diversity and artistic expression. By bringing together students, teachers, parents, and members of the local community the Fête de la Musique demonstrated the impact of music in fostering connections and enriching lives.

Mrs Savary, Head of French commented "We are thrilled with the overwhelming success of the Fête de la Musique, the turnout and the incredible performances showcased the immense talent and passion of our students. We are all looking forward to next year's event!"

The success of the Fête de la Musique at Ipswich High School serves as a testament to the dedication and hard work of the students and teachers who organised the event as part of a year long enrichment activity.









## **Senior School News**

#### Last Swimming Gala of the Year

The U14 team of Jude, Lizzie, Bea, Lily, Lily, Scarlett and captained by Ethan swam in the last gala of the season against Copleston and Northgate.

The A team won all events apart from one. Several swimmers had to double in several events which did not faze them and there was an amazing team spirit.

Lowest points wins. IHS 36, Northgate 41, Copleston 68.

#### **Suffolk Schools**

Year 7 competed at Northgate for the Suffolk Schools Championships. The boys and girls worked separately in their teams to generate points.

Overall, we had some pleasing results with lots of pupils competing for the first time.

The girls finished fouth and our boys won the competition! Well done.

A fantastic end to the season for our external athletics fixtures and a huge well done this term!

#### **Athletics Success**

Lucia and Ines competed at the Track and Field Championship competition last weekend in Birmingham after being selected to represent Suffolk. Lucia finished sixteenth in the Javelin, in some very windy conditions and Ines finished third in her heat race which then allowed her to compete in a very tough final and finished eigth for the U20s. This is a huge achievement for both girls and they should be very proud of the fantastic season they have had so far!





#### Adam Peaty Race Clinic

The Adam Peaty Race Clinic will be held at Ipswich High School on the 12th August. Young swimmers aged between 8 and 17 will be coached by Adam and his team in how to race, not just swim.

Please <u>click here</u> to book.



## **Senior School News**

#### Year 7 River Cakes

Year 7 have designed and created their own river cakes in Geography after studying the features of a river this half term. There were many excellent models, with geographical landforms made out of cake, chocolate, biscuit and fondant!



#### EAL Year Long Projects





Our pupils studying EAL have spent the year preparing their year long projects. This week, the wait was over and they finally got to show all their hard work by presenting these to members of staff who have helped and inspired them through their IHS journey so far. Everyone performed very well and should be very proud of themselves, because we most certainly are!















## **Senior School News**

#### Year 12 Biology written by Robyn and Reeva

Between the 21st and 22nd of June 2023 the Year 12 Biology class embarked on a trip to Landguard nature reserve in Felixstowe. Upon arrival to the point, we met the warden who went into detail about the history of the point and how it is a SSSI, more commonly named as a Site of Scientific Interest. The warden explained how due to the beach being a rare, vegetated shingle habitat that was the home to many rare species marks it as an area with a high conservation value.

We were privileged enough to be able to go and visit one of the rare species that inhabits the area, named Chenopodium Vulvaria, more commonly known as notchweed or 'stinking goosefoot'. Stinking goosefoot is a herb belonging to the Chenopodium genus that is a foul smelling member of the plantae kingdom, it has its nickname from its due to the foul smell that is produced when it is crushed and the goosefoot pattern of the leaves.

Following us visiting the Goosefoot we were allowed to explore the beach and understand how our projects could be based off of the environment there. This was our first time being in control of our own practical from hypothesis to our calculations and conclusions and so being able to do this in an environment which was open and not in the lab was a very rewarding and immersive experience.

After having an understanding of the beach we gathered the two main areas of our interest, different groups set out to complete different goals whether that was observing the sand dunes and the different stages, working out calculations such as t-tests and diversity index or producing axis in which we could place quadrats and use a random number generator for coordinates.

We also gathered soil samples from the beach of our different points, my partner and I took one from the area of the beach that was commonly walked on and one that was not, then took it back to the lab on the first day, dried it overnight and then tested its pH the next day as well as the different in weight as to determine the loss of water overnight to evaluate how much moisture.

After two days of hard work, we finished up at Landguard point and concluded the second and last day of the field trip, rewarded with a refreshing ice cream from the café. It was such an unique experience to be immersed with nature, a site that is so influential to the British ecological world, with rare plants as well as the sight of birds nesting and free roaming rabbits.



These two pictures of the plant and what it is named after makes for a more understanding nickname, the recumbence between the tip and corners of the leaves and how this reflects that of actual goose feet







The results of the pH indicator test, as seen from the minty green colour the soil is slightly alkaline.

## **Senior School News**

#### Senior Sports Day 2023

The term finished with an amazing sport day. A huge thank you to all the parents and staff that supported the event and it was great to see everyone representing their houses so proudly. We had a huge number of record breakers this year and they were:

Type of Record	Event	Year	House	Winner
Sports Day Record	800m	10	Ventus	Ottilie S
Sports Day & School Record	Triple Jump	10	Ignis	Max F
Sports Day & School Record	Discus	9	Terra	Max W
Sports Day & School Record	Shot	10	Ventus	Harry W
Sports Day & School Record	Javelin	10	Terra	Alfie F
Sports Day & School Record	Long Jump	7	Ventus	Manzur E E
Sports Day & School Record	Discus	7	Ventus	Heston K
Sports Day & School Record	Javelin	7	Ventus	Noah E
Sports Day & School Record	75m Hurdles	7	Ventus	Heston K
Sports Day & School Record	75m Hurdles	9	Ignis	Rudy T
Sports Day & School Record	1500m	7	Ventus	Heston K
Sports Day & School Record	1500m	10	Aqua	Henry W
Sports Day & School Record	800m	10	Ignis	Adam E
Sports Day & School Record	300m	10	Ignis	Rupert P
Sports Day & School Record	200m	7	Aqua	Zavier W
Sports Day & School Record	200m	10	Ventus	Harry W
Sports Day & School Record	100m	10	Ventus	Sylvester K
Sports Day & School Record	4 x 100m Relay	9 & 10	Ignis	Max F, Louie S,
				Adam E, Henry L
School Record	800m	7	Ventus	Heston K
School Record	300m	7	Ventus	Harry T
Sports Day	Shot	VI form	Ventus	Amelia M
Sports Day	Long Jump	9	Terra	Oliver D
Sports Day	High Jump	9	Aqua	Ethan T
Sports Day	800m	7	Aqua	William P
Sports Day	800m	VI form	Ignis	Aren-Zion A

## **Senior School News**

#### Sports Celebration Evening and Sports Day

This term has been an incredibly busy term for sport with lots of cricket, athletics and tennis, as well as hosting the ISA Triathlon. It has been very special to round up the year with two Sports Celebration evenings. The first, just before half term was for our Year 10-13 pupils and was the first Senior School Sports Awards that boys were able to attend. We welcomed Jaz Taylor as our guest speaker for this event. Jaz is a Telemark skier who competes for GB on the FIS World Cup circuit, she has 4 World Championship medals, 45 World Cup podiums, which is a British record. She was an inspirational speaker who spoke very clearly to the children on having focus and determination, whatever the circumstances, to be successful in reaching your goal. There were numerous colours awards handed out, but the recipients of our main awards were:

Outstanding Sports PersonEsme S and Jess LOutstanding ContributionHannah OVI Form Players PlayerFrancesca MMost ImprovedAmelia M and Isabella BPE CupAmelie C

#### Outstanding Contribution Year 11 Winner Emma L

Highly Commended: Dominique G and Kate W.

#### Outstanding Contribution Year 10 Winner Henry W

Highly Commended: Jonathan E and Flynn M.

#### Outstanding Contribution Year 10 Winner Christina E

Highly Commended: Harriet P, Charlotte H, Henrietta D, Isabella P.

### As part of the evening, we also welcomed in our new Captains for the 2023-24 academic year

Congratulations to:Sports Captain - HockeyAmelia M (vc Emma L)Sports Captain - NetballMatilda S (vc Jasmine P)Sports Captain - SwimmingAmelie C (vc Emily K)Sports Captain - AthleticsInes G (vc Lucia P)Sports Captain - CricketFreya S



# Snapshot Sixth Form News

#### **Dans Le Noir**

On Friday 23rd June Year 12 Psychology students had a unique sensory experience as they dined in "Dans le Noir?" Students enjoyed a surprise two-course lunch in complete darkness, giving them an original opportunity to re-evaluate their perception of taste while reclaiming their senses. In psychology lessons, students have been learning about brain plasticity and how quickly our brains adapt to new situations. This has included the work of David Eagleman, who claims that the visual cortex is taken over by other senses within an hour of no-sight, leading students to question and discuss what was going on in their brains throughout the meal as well as the range of emotional reactions students were having to being in darkness. There was a fantastic atmosphere throughout the meal and when we exited the restaurant the staff took time to discuss the experience with the students, asking them what they thought they had been eating, some students were able to correctly guess, some had no ideal



#### Year 12 Chemistry

Our Year 12 Chemists entered the Cambridge Chemistry Challenge a few weeks ago. Well done to Amelia W and Daisy C who both received Copper awards. Congratulations!

#### **MFL Motto**

The Year 12 students, Daisy C and Amelia W, illustrated the MFL motto chosen by the students in the senior school earlier this year.



#### **English Youth Ballet**

Not so long ago Kitty successfully auditioned for the English Youth Ballet in Norwich. This summer she was awarded a scholarship. She has just further auditioned and secured the role of Hungarian Princess in the performance. These are incredible achievements. We are very proud. Well done!







# Snapshot Sixth Form News

#### **Mentoring Programme**

The mentoring programme for Scholars in the Sixth Form allows students to explore their interests beyond the school curriculum and speak to experts in a range of fields. These have been varied and have included Medicine, Architecture, Law, Fine Art, and Engineering. One student had the opportunity to speak to a top specialist in Equine Internal Medicine which provided a real insight into the profession: both the process of training and the realities of the challenges of the profession.

Another Scholar was able to speak to two students at Cambridge, one in their second year reading Music at Trinity College. This was a great way to learn more about life in the university as well as information about the course from the student perspective.

Environmental Science is of particular interest to one of our Sixth Form scholars who has aspirations to continue her studies at university. Speaking to a mentor in the field allowed her to gain a clearer understanding of current issues and discuss research methodologies which have also supported her EPQ.

Mock interviews provided by mentors specifically for university application preparation has also been highly valuable. A student applying for Engineering at Cambridge was able to have two mock interviews from different professionals in the field, challenging her to tackle problems to demonstrate her quick and logical thought process.

#### Eleanor

My mentor is both brilliant and inspirational. During the school term we have met over Teams and discussed universities, jobs, skills, and work experience. I have enjoyed learning about the expertise needed to join the world of work as well as getting a great perspective of my mentor's own experience at university and, the process of becoming a registered Architect.

At the beginning of Year 12, I undertook an EPQ which focuses on the comparison of engineering, architecture, and construction methods of skyscrapers. During which I struggled with options for primary research. I asked my mentor and she kindly offered to ask her colleagues about some surveys I had created. She also advised and directed me to informative resources.

#### Thea

Having an academic mentor has been a fantastic insight into my future career as a doctor. Dr Cuvitt has supported me with a great breadth of academic and career support, ranging from my EPQ to interview preparation and discussions on the world of medicine. Overall having a Scholar mentor has been wonderful support and really widened my perspective of the medical field.







## Whole School News

#### Year 7-9 Sports Celebration Evening

Just recently, we hosted our Sports Celebration Evening for Year 7-9 and for the first time we invited our Year 6 pupils to the event to honour the end of their sporting journey through the Prep School. The Year 6s were presented with a commemorative badge signifying either their Commitment to School Sport in representing the school at both U9 and U11 fixtures and their Contribution to Prep School Sport which is for representing the school in at least four different sports. The winners here were:

Commitme	ent to Prep S	Sport	Contribution to Prep Sport			
Thomas B Core D	Eleanor B Charlotte D	Isla B Lara H	Thomas B Annabel B	Eleanor B Charlotte D	Isla B Cora D	
India M Evelyn V	Henrietta M Saskia W	Brooke P Jemima W	Amelie G Henrietta M	Lara H Brooke P	India M Martha H	
Imogen W	Isobel D	Martha D	Evelyn V	Martha D	Lily-May R	
Lizzie H	Heidi J	Lily-May R	Felix G	Leo C	Freya B	
Emily B	Eliza W	Lucy-May H	Tim F			

Our evening was also spent welcoming in our incoming Year 6 Sports Scholars for September 2023 and they received their scholarship badges. We all listened intently to Alumni, Ottilie Robinson Shaw talk about her career in professional kayaking. In 2022 she won three senior gold medals in K1, C1 and Squirt boat at the ICF Freestyle Kayaking World Championships at home in Nottingham. In all three categories she broke the women's world records, becoming the first athlete to ever win three senior gold medals at a single event! She talked proudly of her time here at Ipswich High School and the opportunities being here afforded her. We are all very proud of her achievements. The award winners for this event were:

Outstanding Sports person – Year 9 Girls	Chloe K	Pre-season will be on the			
Outstanding Sports person – Year 9 Boys	Oliver D	30th and 31st August			
Most Improved Sports person – Year 9 Girls	Lilia B	Details on signing up will be shared with you shortly. A huge			
Most Improved Sports person – Year 9 Boys	Toby L	thank you to our ground staff and			
Players Player – Year 9 Girls	Matilda D	caterers for supporting the sports			
Players Player - Year 9 Boys	Louie S	programme this year. To the parents for braving all types of			
Most Improved Sports person – Year 8 Girls	Georgina S	weather, travel distances and			
Most Improved Sports person – Year 8 Boys	Harry B	early morning drop offs. To the			
Most Improved Sports person – Year 7 Girls	Lily S	pupils for your dedication and willingness to learn and to all the			
Most Improved Sports person - 7 Boys	Rishi S	PE department for your			
Fulcher Tennis Cup	Alev W	unwavering passion for all sport			
Matthews Swimming Cup	Ewan C	at Ipswich High School.			
	141	Mr Taylor			

# Snapshot Whole School News

#### **Bentley Photography: Prizegiving**

With the convenience of modern technology, Bentley Photography has introduced a new feature that brings ease and efficiency to ordering photos. By simply scanning the provided QR code you will be redirected to the Bentley Photo website where, parents, students, and staff can access a comprehensive collection of all the pictures taken throughout the academic year. This includes from events such as prize giving, sports team photos, and the cherished whole school photo. You can effortlessly browse, select, and order your prints.

If you have any difficulties placing orders please contact support@bentlyphoto.com





# Snapshot Wellbeing News

#### TeenTips Wellbeing Hub

Parenting is one of the toughest jobs we ever do but it should also be one of the most fun and rewarding.

The Wellbeing Hub staff speak to parents and schools day in and day out, and know the challenges parents face, not least because, as parents themselves they've been there, and got most of the t-shirts.

Of course, the ride won't always be smooth, and with adolescence starting from eight and going on until 25 it's a long haul. However, with knowledge and support we can all enjoy the journey as we help our children become happy, healthy, worldready adults.

All <u>Parents</u> and pupils have FREE unlimited access to The Wellbeing Hub. Pupils are signed up automatically and have been sent an email to complete their registration.



The Wellbeing Hub: An Introduction

Watch this short introductory film to find out more and, why not complete their parenting course this summer?\_ <u>Click here</u> for the link.

#### Are you fully Protected? HPV, MenACWY, DTP and MMR VACCINES will keep you safe!

Is your child up to date with their routine vaccinations. Our team is able to offer catch up on the following vaccines. Please follow the links if you require further information on each of the vaccines.

HPV vaccine (Given to Young People in Year 8)

MenACWY vaccine (Given to young people in Year 9)

<u>3-in-1 teenage booster vaccine</u> (Diphtheria, Tetanus & Polio) (Given to young people in Year 9)

<u>MMR vaccine</u> (Given to children Age 1 and pre school)

Planning on going to university then you should make sure you have had Men ACWY and MMR

If your child is anxious about vaccinations please still contact us. Our staff are trained to manage these situations and you can book a longer clinic slot.



Hertfordshire and East Anglia Community and School Age Immunisation Service

To book an appointment call 0300 555 5055 or email hct.csaissuffolk@nhs.net

We hold weekly clinics in Bury St Edmunds – New Bury Centre, St Olaves Road (Tuesday)

Ipswich – Sudbury House, White House Road (Wednesday)

During school holidays we also hold bookable and walk in clinics around the County.

Whilst we need young people aged 16 to contact us themselves to check vaccination records and give consent, parental support is still very important.

Your Friendly Immunisation Service; Providing children and young people with the vaccines they need across Hertfordshire & East Anglia.

# Snapshot Boarding News

#### **Boarding Update**

As you would imagine the Dairy House starts to slow down for the end of the academic year and the boarders begin to start packing to go home for summer, you would think it gets quieter and quieter in House. Well, that would be a little mistake because we have had a very busy time and it has been fabulous as usual. In fact, it has been really, really, busy with some super events. The first, and probably most notable, was that Matron went on DofE with her, now famous, Dairy House hat. We missed her so much in House and we really appreciate everything she does for us - especially our laundry. Mrs Taylor stepped in to save our sports kit from shrinking in the hot wash!

The Year 6 Boarding Taster Experience was incredible. We hosted parents and siblings for a fantastic BBQ in our beautiful grounds before taking part in a number of fun indoor and outdoor activities. Mr Taylor was in his element playing cricket with everyone and we also enjoyed table tennis and French Boules. It was so hot and sunny all day, we could not have had a better day to spend time having fun in our hidden gardens. Later in the evening we had a team treasure hunt and made ice-cream sundaes before settling down for a sleepover. After a great night sleep, we all went off to breakfast in Orwell Kitchen and enjoyed a fabulous range of cooked breakfast and pastries before heading off to school for the day. Year 7 will have another chance to enjoy a night in boarding when they have their Tutor Group Taster Nights in the new term.

We then hosted the Year 11 into Sixth Form Boarding Experience. After a great day in school, the new Sixth Form students joined the rest of the boarders for supper before a beautiful, sunny walk back to House. After room allocation and House meeting, we made an outdoor movie in the courtyard and it was such good fun with the beanbags, mattresses and our sleeping bags and loads of popcorn and ice-cream treats like a real outdoor cinema experience. We bonded, made memories and new friends. Most of all, we look forward to more boarding nights in the year ahead. After an extension to bedtime we went to bed a little later than usual but still got up on time and off to a delicious cooked breakfast in the morning.













# Snapshot Boarding News

#### **Boarding Update continued**

Our final event of the week was the End of Year party. Our secret gardens were the perfect setting for fun and games. Flexi Boarders joined the Full Boarders for a Sunday afternoon of activities including Sumo Wrestling, garden games in the style of old School Sports Day and a great BBQ. We had the Three Legged Race, Wheel Barrow race, Matron kept times on the Potato Wobble and Egg and Spoon races too. The Whole House Team celebrated with us and it was a great end to the term. The sun came out just in time for the massive water fight where all the boarders teamed up against the staff and a drenching was had by all - what good fun! We ate too many treats and relaxed in the evening with the outdoor cinema and a late night again.

Now it is time to say goodbye to all our extended boarding family and friends for the summer holidays as we all go home for a well-earned rest and look forward to the year ahead. We say a final goodbye to Miss Finch our Resident Graduate Assistant who has walked all the boarders up and down to school every day, we wish her good luck in her new adventure for September.

I have loved my first year as Houseparent at The Dairy House, living here with Mr Taylor and our children, who always get upset when 'their boarders' go home for the holidays. See you in September!















# Snapshot \_\_\_\_\_\_ IHSA News

#### **IHSA Fete**

Oh my goodness! Wow, wow, wow!

What an incredible end to an amazing school year. Thank you all for making the IHSA Fete such a huge success. It was wonderful to see so many smiling faces in the sunshine. Little hands clutching their prizes and bigger hands clutching their pimms.

The event raised an incredible £4300+ to fund future items and activities for the pupils at IHS.



Thank you to Jimmy's Farm for sponsoring the BBQ.

#### **IHSA Events**

15<sup>th</sup> September 2023 – IHSA welcome back food festival on the River Lawn from 3.30pm

8<sup>th</sup> December 2023 – Christmas Fayre in the sports hall from 12.30pm

23rd March 2024 – IHSA family fun events

22<sup>nd</sup> June 2024 – Summer Fete 12pm-3pm

#### **IHSA Meetings**

11<sup>th</sup> September 2023 – IHSA committee meeting at 4.30pm in the Headmaster's Office

20<sup>th</sup> November 2023 – IHSA AGM at 4.30pm in the Headmaster's Office

22<sup>nd</sup> January 2024 – IHSA committee meeting at 4.30pm in the Headmaster's Office

20<sup>th</sup> May 2024 – IHSA committee meeting at 4.30pm in the Headmaster's Office

#### Uniform Shop Dates – Autumn Term 2023

Pre-season training 31<sup>st</sup> August 9-10.30am & 2-3pm

13<sup>th</sup> September 2023 3-4.30pm

18<sup>th</sup> October 2023 3-4.30pm

8<sup>th</sup> November 2023 3-4.30pm

6<sup>th</sup> December 2023 3-4.30pm



### SAVE THE DATE WELCOME BACK EVENT

The IHSA would like to invite friends and family to the first ever TGIF.

Watch this space for more details.

15th September

15:30 onwards



### PAVILION FUNDRAISER IPSWICH HIGH SCHOOL TARGET £25,000

We are raising for the final phase to restore the historic Woolverstone Hall Cricket Pavilion.

The Cricket Pavilion will be multi-use, with plans to create a unique space to serve our school community. The restored interior of the Cricket Pavilion will incorporate a seating area and café area and will be used for the school and alumni.

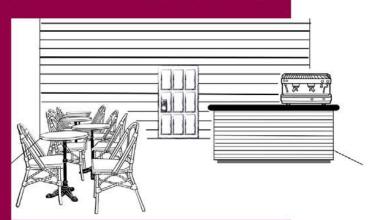
We very much want our restored pavilion to be a fundamental part of our school for many more generations to come.



PAST: THIS PHOTO FROM 1901 FEATURES AN ENGLAND 11 WHO PLAYED WOOLVERSTONE PARK CRICKET CLUB.



PRESENT: THE NEW THATCH WAS COMPLETED IN SUMMER 2022



FUTURE: WITH YOUR SUPPORT THE PAVILION WILL BECOME A PLACE FOR SPORTS TEAS AND REFRESHMENTS FOR OUR SHCOOL.

> ANY DONATION OVER £200 WILL HAVE THEIR NAME DISPLAYED ON A PLAQUE INSIDE THE CRICKET PAVILION.



bit.ly/IHSPavilion

#### OR SEND TO OUR OFFICE:

👷 Ipswich High School, Suffolk, IP9 1AZ

150 E

#### TO DISCUSS A DONATION :

01473 201004 e.hill@ipswichhighschool.co.uk

## **LRC & Careers News**

#### **LRC News**

We paid a visit to Waterstones for Katie and her supporters to spend the vouchers Katie won for the school by winning Book Mastermind. We purchased 30 new books which the children in our Senior and Prep Schools can enjoy reading.

Maybe one of them will become our future Book Mastermind champion!

#### **Outstanding Books**

Email reminders have gone out to all Year 13 leavers, Year 11's and any other leavers to return any outstanding books to LRC, thank you for your prompt action in returning these books to us for others to enjoy.

#### **Careers News**

#### Save the date!

Our Careers Fair will be held in school on Thursday 12th October 2023 for all Year 9 to 13 students and their parents, we look forward to seeing you all at this inspiring event with a fantastic range of businesses and Higher Education establishments to boost aspirations. If your child is in a lower year group and you would like to attend, please let us know.

#### In Need of Support?

During school hours, please contact our Designated Safeguarding Lead: Mrs Exstance or, Deputy Designated Safeguarding Leads: Mrs Offord (Senior School), Mrs Vickers (Sixth Form) on 01473 780201.

h High School & Holbrook Academy

REERS FAIR

#### With out of school hours support below:

YoungMinds: 24/7 - Text YM to 85258 Samaritans: 24/7 - 116123 Kooth: kooth.com Sexual assault: NSPCC - 0800 136 663 / help@nspcc.org.uk Sexual assault local contact: The Ferns - 0300 123 5058 Childline: Call 0800 1111 or 1-2-1 chat online NHS Mental Health Support: 111, option 2 Online bullying: thinkUknow.co.uk

We have resources to aid parents to support their child's wellbeing, on our Firefly p

Coming Up in The Wellbeing Hub this Week, July 10th ... July's Theme: Family Dynamics

Wellbeing Hub

Podcast: How to have a good divorce with Annabel Andreou, Lawyer at Debenhams Ottaway LLP

Don't forget to sign up for this month's webinar: Common challenges n blended families with Professor Lisa Doodson, a Chartered Psychologis specialising in stepfamily dynamics. Wednesday 19th July at 6:30pm.





