



IPSWICH
HIGH
SCHOOL
WOOLVERSTONE HALL
ESTD 1878

The SNAPSHOT

The Ipswich High School Newsletter | Friday 16th June 2023

PRIDE AWARENESS WEEK

Pride Awareness Week: 12th to 16th June 2023

To focus on the importance of tolerance, inclusivity, and key fundamental British values, we held a Pride Awareness week.

Our Pride Flag has flown over Woolverstone Hall for the week. Mr D Thompson's assembly on Monday helped us to understand LGBTQ+ history, the origins of pride flags, sexuality and genders. Many books have been browsed from the 'read with pride' displays, catering supplied some very colourful cakes each day. A lot of fun was had hunting for flags in Senior School and lots of colourful socks and tights walked around the school grounds on Friday.



Prep School News

Young East Anglian Artists Exhibition 2023

This year there were in excess of 1000 entries for the Young East Anglian artists competition and the judges were extremely impressed by the calibre of the work that was entered. Congratulations to the following children from the Prep School who have been chosen to have their artwork exhibited in the exhibition at the John Gibbins Gallery in Woodbridge:

Nursery and Reception

Katie - Highly Commended

Year 1 and 2

Orla - Highly Commended

Emily

Anna

Year 3 and 4

Mathea

Connie

Year 5 and 6

Molly

Willow

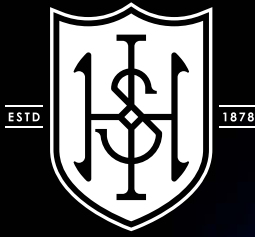
The exhibition at the John Gibbins Gallery in Woodbridge is located at The Longshed, Tide Mill Way, Woodbridge, Suffolk, IP12 1FP. The exhibition will be open from 9am – 5pm Friday 23rd - Sunday 25th June. All artwork will be 'on sale' with first priority given to family with a minimum £5 donation. Certificates for all exhibited artists can be collected from the exhibition and artwork can then be collected between 4pm and 5pm on Sunday 25th June from the Longshed.



Aspirations Day

Last Friday the Prep School held an aspirations day where the pupils got to dress up as what they want to be when they grow up. There were lots of parents from different career backgrounds, including, football, the fire brigade & computer programming who came in to speak to the pupils about their own careers and answered the pupils questions.





**IPSWICH HIGH PREP SCHOOL
PROUDLY PRESENTS**



ROALD DAHL'S
Matilda
THE MUSICAL
JR.

27TH JUNE 2023 6.30PM

28TH JUNE 2023 2.00PM

28TH JUNE 2023 6.30PM

**ADULTS £10
CHILDREN £5**

**The Hayworth Theatre
Woolverstone
IP9 1AZ**

[CLICK HERE TO BOOK YOUR TICKETS](#)

Book by
Dennis Kelly

Music and Lyrics by
Tim Minchin

This amateur production is presented by arrangement with Music Theatre International. All authorised performance materials are also supplied by MTI
www.mfishows.co.uk



Senior School News

LAMDA

Amelia and Ines were both awarded Distinctions for their Gold Medal Acting (GRADE 8) earlier this term. They had to perform three acting pieces, including Shakespeare, contemporary pieces and, answer questions on the plays and study theatre practitioners, such as, Brecht and Stanislavski.

LAMDA

LAMDA enables students to progress in their communication skills and confidence. The one-to-one tuition allows them to have their skills honed on an individual basis, so that they are prepared to take more risks in their work; their motivation rises and their confidence grows. Students learn how to communicate with varied pronunciation and better diction.

For those who are serious about pursuing the Performing Arts, as a career option, LAMDA provides an excellent pathway for auditions to Drama college or University. The qualifications are good to have on a CV, when applying for courses or University and hold valuable UCAS points.

LAMDA also has a positive impact upon a student's general literacy skills— particularly in Speaking and Listening, which could enhance all areas of school life and later achievement in job interviews, and presentations.

LAMDA teaches many transferable skills such as reading fluency, a broader vocabulary, enhanced memory and recall and the ability to articulate thoughts and ideas.

At IHS, we offer exams in Acting, Devising, Musical Theatre and Verse & Prose. Students may have individual lessons or in a pair.

Basketball England

Amelia has been picked for the U13 girls Super South Region basketball team where she will compete in an All Star Tournament in Manchester on the 7th-9th July.

The Aspire program is the talent program run by Basketball England for 11-15 year olds. Amelia was shortlisted for U13 East region, attending various camps since last October and successfully making it through the selection process for Super South regions (which include East, South East, South & Wales) and gaining a place in the final squad.

Huge congratulations Amelia.



Reminder - HPV Vaccination

For Year 8s are planned for Friday 23rd June. Please ensure that your child has had breakfast and has a short sleeved top available to wear for the delivery of the vaccine. The immunisation team may request more pupils from other year groups that have missed their vaccine if time allows to deliver those too. You will be informed if this is the case. The immunisation teams' number is: 0300 555 5055 option 3 for any further queries.'



Senior School News

ISA National Tournament

A busy time for the U12 Team as they travelled for the ISA National tournament. After a slow start, they quickly began to build on their performance and by the last game produced a convincing win. Another early start for the U12 team as they headed to Gresham for the Cricket Festival. The team made an incredible start, clearly picking up from where they left off last week. They put together the best fielding display I have seen by an Ipswich High School team. Great, accurate bowling, a couple of run outs and some amazing boundary saves. This was followed up by a solid batting display narrowly falling behind the required total.

The next game saw them put what they have learnt into practice. Reducing the opponent runs to 58. This was followed up by strong opening partnership allowing us to chase them down with 4 overs to spare and qualifying for the third/fourth place play off. The final game was a tough one. The heat of the sun finally started to take its toll. Though resilient and determined, the batters held out to put in a respectable score. Sadly, we couldn't shake the exhaustion in the field and the mistake ended up being costly. A lot was learnt but it is great to see how they are progressing each match. Looking forward to the County Cup 20-20 finals day next week.



Y10, Y11 & Y12 University and Apprenticeship Event

On Tuesday 13th June we welcomed Year 10, 11 and 12 pupils and parents to hear our expert speakers share information about university life, UCAS application process, student finance, we also heard about the numerous degree and master's apprenticeships which are available too. We explored the positives and differences of these two routes.

Insights were shared from two of our Alumni: Abi, who spoke about her experience working on a degree apprenticeship at BT and Cara who spoke about her life as a medical student at University College London.

We ended the event with a Q&A session with some very valid questions and enquiries answered by our expert speakers and experienced Alumni too.

Feedback from the event included great interest in hearing real-life experiences from Alumni and appreciation for the expert knowledge imparted by UEA and ASK Apprenticeships too. Please be assured that this event will be reinstated annually so it can support our pupils and students with their future career plans.

We will update our Firefly Careers page with information from the evening in due course and share with relevant pupils and families.

Thank you to all who attended this event.



Senior School News

Suffolk Hockey

Alva and Freya were part of the Suffolk Hockey U14 girls team who came second in the East of England Finals day last month. They beat Essex 4-2, Hertfordshire B's 4-0, Bedfordshire 2-0 and Cambridge 3-2. Hertfordshire's A team were the only team to beat Suffolk 2-0 and they walked away with the gold medal undefeated. Alva scored two goals and assisted several whilst Freya played brilliantly in midfield intercepting the opposition and feeding the ball into the Suffolk attack. Well done girls.

Nominations for Head's Award

Ester and Mackenzie have both been nominated for a Head's Award as they have researched and written superb talks on their chosen subjects in English.

Below are the wonderful comments received on their work.

Ester

'This is most impressive, Esther! You make your points, expertly, persuasively, and powerfully. You have obviously done a great deal of research and speak with authority. I would really like to share this talk with a wider audience as I feel it is so important for us all to receive this message. Your writing is beautifully controlled and sophisticated – well done!'

Mackenzie

'Excellent work Mack! This is a most comprehensive and well researched talk. It really made me consider the issue and reflect. Your use of language is sophisticated and persuasive. You maintain excellent standards of technical accuracy.'

It's Twins - Congratulations

Mrs Firbank gave birth to two beautiful boys last Friday. Many congratulations to you and your family. We cannot wait to meet them.

Luke Benjamin weighed in at 6lb 9oz and Robbie Thomas weighed in at 7lb 2oz.



IPSWICH HIGH SCHOOL
ART AND DESIGN EXHIBITION
2023

PRIVATE VIEW
THURSDAY 29TH JUNE
6-8PM

THE ART STUDIOS AND
BELSTEAD ROOMS



IHSA News

Pat a cake, pat a cake, let our plea be heard,
Fill up a plate for June 23rd.

Buy them or bake them, savoury or sweet
Whatever you send we'll be in for a treat!



Any parents or children who fancy baking some goodies for us to sell on refreshments would be very much appreciated.

Please bring your donations to Prep School Reception on Friday 23rd June and hand to one of the IHSA helpers there. Please mark if the treats need to go in the fridge.

We will presume you cakes contain allergens unless marked VEGAN / GLUTEN FREE/ DAIRY FREE/ EGG FREE



Snapshot

IHSA News

IPSWICH HIGH SCHOOL ASSOCIATION



THE FETE

Prep-School
Dress Down Day
Tuesday 20th June

Dress as you wish and bring in a donation for our summer fete tombola.

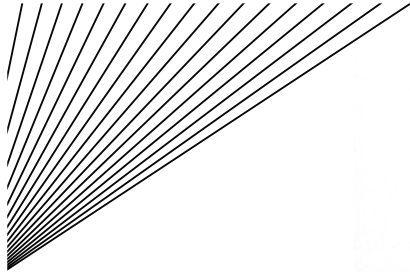
Any re-gifted or nearly new items and or a bottle of something! No perishables or sweets.

All donations greatly received.

Many thanks on behalf of the IHSA



Woolverstone News



Woolverstone Park.

BERNERS FAMILY AT WOOLVERSTONE JULY 6TH, 7TH, 8TH AND 9TH JULY 2023

2023 marks the 250th anniversary of the Berners family purchasing the Woolverstone Park estate and farm, in all about 350 acres. The estate was bought by William Berners, at an auction run by “Langfords” of Covent Garden, on Friday 13th August 1773 for the sum of £11,440. To mark this special anniversary, Friends of Woolverstone are organising a Berners Family at Woolverstone weekend on 8th and 9th of July 2023. It includes:

- Illustrated talk; “The Berners Family at Woolverstone” Thurs 6th and Fri 7th July at 7:30 pm in Berners Hall, Main Road, Woolverstone. IP9 1AR. Price £10.00, including a glass of fizz. To book tickets contact Simon Pearce. Tel: 07825708171 or Email: simonrpearce@gmx.co.uk.
- Exhibition of the “Berners Family at Woolverstone” in Berners Hall, telling their story with information, photographs, artefacts, extracts etc. from 1773–1937. Plus, refreshments. Sat 8th and Sun 9th July. Open 10:00 – 16:00. Includes a display of vintage images with photographs of their contemporary locations and art work.
- Ipswich High School, Woolverstone Hall and Grounds. Open 9:30 – 16:00 pm. Sat 8th and Sun 9th July. Try our self-guided heritage walk around the village of Woolverstone with our new map and historical notes about buildings associated with the Berners family. Including, for this weekend only, access to the ice house.
- St Michael’s church are hosting information showing how the church evolved under the Berners’ stewardship.
- Woolverstone House gardens will be open on Saturday 8th July from 10:00 until 1:00 pm
- The Walled Garden will be open on Sunday 9th July from 12:00 noon until 4:00 pm. Refreshments will be available.

We do hope you are able to join us at some point over the weekend to mark this 250th anniversary and share in the heritage that makes Woolverstone such a rare and special place.



LRC & Careers News

Year 10 Work Experience

Year 10, please continue to remind employers to complete the Health & Safety paperwork, if they have not already done so, the link to the form is here: ["Health & Safety forms"](#).

All details on Year 10 work experience can be accessed from [here](#).

There is also a range of online, virtual work experience opportunities to engage in which counts towards our Year 10 work experience programme, please explore the various page off this [firefly page](#).

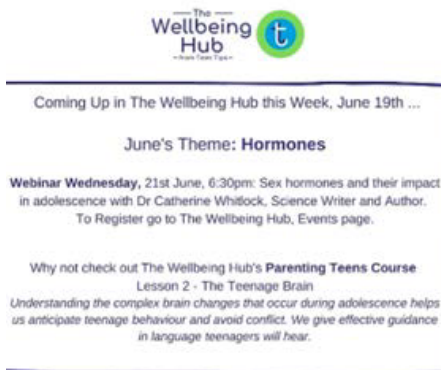
Year 12 University of Suffolk trip Tuesday 13th June

Year 12 visited the UCAS Fair at University of Suffolk with the opportunity to speak to a vast amount of different university and training provider stands to learn about the variety of courses, their campus type and what they have to offer.

Students studying for their EPQ also took part in an additional and highly valuable research gathering session with the university's Library staff.

TeenTips Wellbeing Hub

Remember to sign up to access. [Pupils sign up](#) [Parents sign up](#)



In Need of Support?

During school hours, please contact our Designated Safeguarding Lead: Mrs Finch or, Deputy Designated Safeguarding Leads: Mrs Offord (Senior School), Mrs Vickers (Sixth Form) - on 01473 780201.

With out of school hours support below:

YoungMinds: 24/7 - Text YM to 85258

Samaritans: 24/7 - 116123

Kooth: kooth.com

Sexual assault: NSPCC - 0800 136 663 / help@nspcc.org.uk

Sexual assault local contact: The Ferns - 0300 123 5058

Childline: Call 0800 1111 or 1-2-1 chat online

NHS Mental Health Support: 111, option 2

Online bullying: thinkUknow.co.uk

